

# SERVANTS OF THE UPPER ROOM

## BOOK OF PRAYERS

We offer our prayers through the  
Three Hearts of the Holy Family to the  
Divine Light, Life, and Love of the Holy Trinity.



*"Behold, the Lamb of God, who  
takes away the sin of the world!"*  
John 1:29



*"I, when I am lifted up from the  
earth, will draw all men to myself"*  
John 12:32

### PRAYER OF LOVE AND THANKSGIVING

O my Jesus, draw us to Yourself so we  
might have life through You and look with  
Your Divine Love upon every one.

Lord, we love You and we thank You  
for the gift of every one!

Pour Your precious healing blood upon us.

Wash us! Restore us! Fill us with  
Your Divine Light, Life, and Love!

## **BATTLE PLAN OF LOVE AND THANKSGIVING**

If prayed with others or in a prayer group: before you begin, you may briefly share gratitudes and prayer requests then sing or listen to a song (optional)  
One person reads the **bold print** and everyone reads – *italic print*.

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

– *As it was in the beginning is now and ever shall be world without end.*

**We offer our prayers**

**through the Three Hearts of the Holy Family**

– *to the Divine Light, Life, and Love of the Holy Trinity.*



**PRAYER TO OUR LADY OF DIVINE LIGHT, LIFE, AND LOVE**

**O Mary, you are Daughter of Light, Mother of Life, and Spouse of Love. We wholeheartedly enlist with you and the Holy Family in this great battle against evil.**

– *Create in us pure, humble, courageous, and joyful hearts so they will be the perfect abode for the Indwelling of the Holy Trinity and totally united to the Divine Will. Set our hearts on fire with a zeal for the glory of God and a love for saving souls.*

**O Mary, Ark of the New Covenant, with Saint Joseph, Terror of Demons, offer our prayers through Jesus our High Priest, as we lift up our battle cry, “Lord, we love You and we thank You for the gift of every one!”**

– *We ask through your Three Hearts for our prayers of love to create a spark that will become a flame, that will create a fire of Divine Love and fanned by your love, will spread like a wildfire to produce an army of renewed and holy shepherds for your flock and soldiers for your Church.*

**O Mary, Mother of the Church, with Saint Joseph, Guardian of the Redeemer and Protector of the Church, with Saint Michael, Saint Raphael, Saint Gabriel, and the whole Heavenly Army of Angels, Saints, and Holy Innocents, continue to help us in this great battle to renew the face of the earth.**

– *Guard all your children from complacency, confusion, and division. Keep us always in the love and truth of God so we may share in the glory of the Holy Trinity as we follow you in this great battle to save souls.*

**“God’s love has been poured into our hearts  
– through the Holy Spirit who has been given to us.”**

Romans 5:5



### **THE UNITY PRAYER**

Jesus told Elizabeth Kindelmann that this prayer would blind Satan.

[www.flameoflove.us](http://www.flameoflove.us)

**My Adorable Jesus,** – *May our feet journey together.  
May our hands gather in unity. May our hearts beat in unison.  
May our souls be in harmony. May our thoughts be as one.  
May our ears listen to the silence together.  
May our glances profoundly penetrate each other.  
May our lips pray together to gain mercy from the Eternal Father.*

### **PROMISES OF REDEMPTION AND RESTORATION**

(may personalize by adding your name)

**“Thus says the Lord, he who created you...**

**‘Fear not\_\_\_\_, for I have redeemed you; I have called you  
by name, you are mine. When you pass through the waters,  
I will be with you; and through the rivers, they shall not  
overwhelm you; when you walk through fire you shall  
not be burned, and the flame shall not consume you.**

*– For I am the Lord your God, the Holy One.*

*You are precious in my eyes, and honored, and I love you...*

*You are my witnesses... and my servant whom I have chosen.”*

Isaiah 43:1-4, 10

**“Let your face shine on your servant**

*– save me in your merciful love!”*

Psalm 31:16

### **PUT ON LOVE**

**“Put on then, as God’s chosen ones... compassion, kindness,  
lowliness, meekness, and patience, bearing with one another ...  
forgiving each other as the Lord has forgiven you...**

*– And above all these put on love, which binds everything together  
in perfect harmony. And let the peace of Christ rule in your hearts...*

*And be thankful. Let the word of Christ dwell in you richly...*

*And whatever you do, in word or deed, do everything in the name  
of the Lord Jesus, giving thanks to God the Father through him.”*

Colossians 3:12-17

## THE BEATITUDES

**“Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

**Blessed are the merciful, for they shall obtain mercy.**

*– Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven. Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.”*

Matthew 5 1-12

## THREE HEARTS PRAYER

**Most Sacred and Eucharistic Heart of Jesus**

*– through Your Most Precious Blood,  
forgive us our sins and open all hearts and minds,  
at every moment in time, to the truth and light of God.*

**Most Sorrowful and Immaculate Heart of Mary**

*– by Thy Holy and Immaculate Conception,  
deliver us from evil, heal the hearts of your beloved  
children, set us on fire, and make us pure.*

**Most Pure and Chaste Heart of Saint Joseph**

*– through the hidden sufferings of your heart,  
teach us to be obedient and united to the Divine Will,  
guide us, and protect us in truth.*



## PRAY FOR BOLDNESS

**“And now Lord, look upon their threats,  
and grant to your servants to speak your word  
with all boldness, while you stretch out your hand  
to heal, and signs and wonders are performed  
through the name of your holy servant, Jesus.**

*– And when they had prayed, the place in which  
they were gathered together was shaken;  
and they were all filled with the Holy Spirit  
and spoke the word of God with all boldness.”*

Acts 4:29-31

**“The Kingdom of Heaven is at hand.**

– *Heal the sick, raise the dead, cleanse lepers, cast out demons.”*

Matthew 10:7-8

**“Is any among you suffering?**

– *pray for one another”*

James 5:14,16

**It could be someone in need...**

**someone difficult to love... or even yourself...**

**Speak their names into the silence of your heart... pause**

**Lord, we love You and we thank You**

– *for the gift of Your merciful healing love!*

**“Enter his gates with thanksgiving,**

– *and his courts with praise!”*

Psalm 100:4

**Holy, Holy, Holy, Lord God of hosts.**

**Heaven and earth are full of Your glory. Hosanna in the highest.**

– *Blessed is he who comes in the name of the Lord.*

*Hosanna in the highest.*

**“And now, Father, glorify me in your own presence**

– *with the glory which I had with you before the world was made.”*

John 17:5



### **HEAVENLY COURTS PRAYER**

**O Righteous Father, we offer You every thing,  
at every moment in time, and the glory that existed  
before time began, from Your most Precious Son our Lord,  
Savior, and King, in union with that glorious high point at  
Mass when the Heavenly Courts are opened so that through  
Him, and with Him, and in Him, in the unity of the Holy Spirit,  
we offer You love, praise, glory, and honor for sending the gift  
of Your Son for the forgiveness of our sins, so we could  
become sharers in Your Divine Light, Life, and Love.**

– *In this ceaseless heavenly offering we lift up our prayers  
for the healing and renewal of all priests, the church, all families,  
our country, and the world; the awakening of the complacent;  
the Holy Souls in Purgatory; every one and every need at every  
moment in time; and all those You have laid on our hearts. Pause*

## **PRAYER OF LOVE AND THANKSGIVING**

**O my Jesus, draw us to Yourself so we will have life through You**

*– and look with Your Divine Love upon every one.*

**Lord, we love You and we thank You – for the gift of every one!**

**Pour Your precious healing blood upon us.**

*– Wash us! Restore us! Fill us with Your Divine Light, Life, and Love!*

**Our Father, Who art in heaven, Hallowed be Thy Name.**

**Thy Kingdom come, Thy Will be done, on earth as it is in Heaven.**

*– Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.*

**Lamb of God, you take away the sins of the world**

*– have mercy on us. Grant us peace in our hearts, peace in our families, and peace in the world*



## **JESUS, SHINE THROUGH ME**

**O my Jesus, like the Wise Men I come to adore You as my little Infant King. Since I have no gift worthy of a king, I make myself a total offering to Your merciful love. You are the Word made flesh and dwelt among us, the only begotten Son who is in the heart of the Father and united in the love of the Holy Spirit.**

**You are the living bread which came down from heaven.**

*– I adore You hidden in the humble disguise of bread and wine and hidden in the depths of my heart. I am not worthy that You should enter under my roof, but I need You! I am nothing without You! Speak Thy word and Your servant shall be healed. Cover me in Your most precious healing blood from the first cut to the last drop poured out upon the cross. Draw me to Yourself so that I might have life through You, for all things are redeemed through You.*

**O my sweet Jesus, my King who was laid in the throne of a manger, conquered sin from the throne of the cross, and now reigns at the right hand of the Father.**

**Reign in me. Consume me in the fire of Divine Love.**

*– You are the light that shines in the darkness! In this present darkness, shine through me like the star that guided the Wise men, so through my life and prayers, the Divine Light, Life, and Love of the Holy Trinity may illuminate hearts and guide all who are lost back home.*

**“Be still – and know that I am God.”**

Psalm 46:10

**Spirit of the Living God,**

*– fall afresh on me... on us... on all...*

**For You are Lord... You are Lord...**

**You have risen from the Dead and You are Lord.**

*– “ Every knee shall bow and every tongue confess  
that Jesus Christ is Lord.”*

Philippians 2:10-11

**Speak Lord – your servant is listening**

**Take time to listen to the Lord... then write down or share insights.**



### **PRAYER OF PROTECTION AND HEALING**

**O my Jesus, anoint us with the Oil of Joy and hide us in the refuge of Your Most Sacred Heart which is totally united with the Immaculate Heart of Mary and the Pure Heart of Saint Joseph.**

*– Through the guidance of Your Holy Family, teach us how to grow in love and thanksgiving for the Glory of God so we may be fully healed and become the children we were destined to be!*

### **JOY AND PEACE**

**“Rejoice in the Lord always. I shall say it again: rejoice! Your kindness should be known to all. The Lord is near. Have no anxiety at all\_\_\_, but in everything, by prayer and petition, with thanksgiving, make your requests known to God.**

**Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.**

*– Finally \_\_\_, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing what you have learned and received and heard and seen in me. Then the God of peace will be with you.”*

Philippians 4:4-9 (NAB)

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be world without end.*

**May Your Divine Light – illuminate us and shine through us.**

**May Your Divine Life – reign in us and work through us.**

**May Your Divine Love – consume us and flow through us. Amen**



## CHAPLET OF LOVE AND THANKSGIVING

Prayed on Rosary Beads \*can be personalized with a name, then him, her, them, or me.

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be world without end.*

**O Righteous Father, we offer You every thing, at every moment in time, and the glory that existed before time began, from Your most Precious Son our Lord, Savior, and King, in union with that glorious high point at Mass when the Heavenly Courts are opened so that through Him, and with Him, and in Him, in the unity of the Holy Spirit, we offer You love, praise, glory, and honor for sending the gift of Your Son for the forgiveness of our sins, so we could become sharers in Your Divine Light, Life, and Love.**

*– In this ceaseless heavenly offering, we bind this Chaplet to every Chaplet of Love and Thanksgiving at every moment in time and we lift up our prayers for the healing and renewal of all priests, the church, all families, our country, and the world; the awakening of the complacent; the Holy Souls in Purgatory; every one and every need at every moment in time; and all those You have laid on our hearts.*

**O My Jesus, draw us to Yourself so we will have life through You**

*– and look with Your Divine Love upon every one.*

**Lord, we love You and we thank You – for the gift of \*every one!**

**Pour Your precious healing blood upon \*us.**

*– Wash \*us! Restore \*us! Fill \*us with Your Divine Light, Life, and Love!*

### ON THE THREE BEADS

**Most Sacred and Eucharistic Heart of Jesus**

*– through Your Most Precious Blood, forgive us our sins, open all hearts and minds, at every moment in time, to the truth and light of God.*

**Most Sorrowful and Immaculate Heart of Mary**

*– by Thy Holy and Immaculate Conception, deliver us from evil, heal the hearts of your beloved children, set us on fire, and make us pure.*

**Most Pure and Chaste Heart of Saint Joseph**

*– through the hidden sufferings of your heart, teach us to be obedient and united to the Divine Will, guide us, and protect us in truth.*

### ON THE SINGLE BEADS

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be world without end.*

### ON THE SETS OF TEN BEADS

**Lord, we love You and we thank You – for the gift of \*every one!**

**CLOSING PRAYERS - PRAYER OF PROTECTION AND HEALING**

**O my Jesus, anoint us with the Oil of Joy and hide us in the refuge of Your Most Sacred Heart which is totally united with the Immaculate Heart of Mary and the Pure Heart of Saint Joseph. – Through the guidance of Your Holy Family, teach us how to grow in love and thanksgiving for the Glory of God so we may be fully healed and become the children we were destined to be!**

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be, world without end.*

**May Your Divine Light – illuminate us and shine through us.**

**May Your Divine Life – reign in us and work through us.**

**May Your Divine Love – consume us and flow through us. Amen**



# ROSARY OF LOVE AND THANKSGIVING

## UNITY PRAYER

Jesus told Elizabeth Kindelmann that this prayer would blind Satan. [www.flameoflove.us](http://www.flameoflove.us)

**My Adorable Jesus,** – *May our feet journey together.*

*May our hands gather in unity. May our hearts beat in unison.*

*May our souls be in harmony. May our thoughts be as one. May our ears listen to the silence together. May our glances profoundly penetrate each other. May our lips pray together to gain mercy from the Eternal Father.*

## HEAVENLY COURTS ROSARY PRAYER

**O Righteous Father,** we offer You every thing, at every moment in time, and the glory that existed before time began, from Your most Precious Son our Lord, Savior, and King, in union with that glorious high point at Mass when the Heavenly Courts are opened so that through Him, and with Him, and in Him, in the unity of the Holy Spirit, we offer You love, praise, glory, and honor for sending the gift of Your Son for the forgiveness of our sins, so we could become sharers in Your Divine Light, Life, and Love.

– *In this ceaseless heavenly offering, we bind this Rosary to every Rosary at every moment in time and we lift up our prayers for the healing and renewal of all priests, the church, all families, our country, and the world; the awakening of the complacent; the Holy Souls in Purgatory; every one and every need at every moment in time; and all those You have laid on our hearts.*

## PRAYER OF LOVE AND THANKSGIVING

**O My Jesus,** draw us to Yourself so we will have life through You – *and look with Your Divine Love upon every one.*

**Lord, we love You and we thank You** – *for the gift of every one!*

**Pour Your precious healing blood upon us.**

– *Wash us! Restore us! Fill us with Your Divine Light, Life, and Love!*

**Pray the Apostles' Creed, an Our Father, three Hail Marys, and a Glory Be** then after each decade, pray the following:

**O My Jesus,** – *forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy Mercy.*

**Lord, we love You and we thank You** – *for the gift of every one!*

**Come Holy Spirit!** – *Come by means of the power of the Flame of Love of the Immaculate Heart of Mary*



## JOYFUL MYSTERIES

**1<sup>st</sup> Lord,** I love You and I thank You for the Annunciation.

– *I pray for the gift of humility and to be open to the word of God.*

**2<sup>nd</sup> Lord,** I love You and I thank You for the Visitation.

– *I pray that like Mary, I bring Jesus to every one and like Elizabeth, I recognize Jesus in every one.*

**3<sup>rd</sup> Lord, I love You and I thank You for Your Nativity.**

*– I pray to live in the Glory of God through the example of Joseph and Mary who lived in continual love, praise, and adoration of You, our little Infant King.*

**4<sup>th</sup> Lord, I love You and I thank You for Your Presentation in the Temple**

*– I pray that like Simeon and Anna, I recognize Jesus in all things and give thanks because “all things work for good for those who love the Lord.” Romans 8:28*

**5<sup>th</sup> Lord, I love You and I thank You for Your Finding in the Temple.**

*– I pray to find You in the Sacraments and in the temple of my heart.*



**LUMINOUS MYSTERIES**

**1<sup>st</sup> Lord, I love You and I thank You for Your Baptism in the Jordan.**

*– I pray for an increase of my Baptismal gifts of faith, hope, and love and to always know that I am a beloved child of God.*

**2<sup>nd</sup> Lord, I love You and I thank You for the Wedding at Cana.**

*– I pray for an outpouring of a new wine to bring healing to our Church, marriages, and families.*

**3<sup>rd</sup> Lord, I love You and I thank You for Your Proclamation of the Kingdom.** *– I pray for You to reign in me and work through me.*

**4<sup>th</sup> Lord, I love You and I thank You for Your Transfiguration.**

*– I pray to witness Your Glory and allow it to guide me in my own life.*

**5<sup>th</sup> Lord, I love You and I thank You for Your Institution of the Eucharist.**

*– I pray to recognize Your real presence with reverence and awe so I may receive You worthily and You “abide in me and I in you.” John 15:4*



**SORROWFUL MYSTERIES**

**1<sup>st</sup> Lord, I love You and I thank You for Your Agony in the Garden.**

*– I pray for the grace to know and accept the will of the Father.*

**2<sup>nd</sup> Lord, I love You and I thank You for Your Scourging at the Pillar.**

*– I pray for You to reveal the wounds that cause me to sin so “by your wounds” I may be healed. Isaiah 53:5*

**3<sup>rd</sup> Lord, I love You and I thank You for Your Crowning with Thorns.**

*– I pray for the renewal of my mind that by Your precious healing blood, I too may be to be “slow to speak and slow to anger.” James 1:19*

**4<sup>th</sup> Lord, I love You and I thank You for Carrying the Cross.**

*– I pray for patience and perseverance in all circumstances.*

*“I can do all things in him who strengthens me.” Philippians 4:13*

**5<sup>th</sup> Lord, I love You and I thank You for Your Crucifixion and Death.**

*– I pray for the grace to die to self so I may have life through You.*



### GLORIOUS MYSTERIES

**1<sup>st</sup> Lord, I love You and I thank You for Your Resurrection.**

*– I pray like Mary Magdalene to seek You and recognize that You have risen and have gone to Your Father and our Father.*

**2<sup>nd</sup> Lord, I love You and I thank You for Your Ascension.**

*– I pray that as You now reign at the right hand of the Father, I invite You to reign in me!*

**3<sup>rd</sup> Lord, I love You and I thank You for the Descent of the Holy Spirit.**

*– I pray to be consumed by the fire of Divine Love so I may grow in the Fruit of the Holy Spirit and glorify You through my life.*

**4<sup>th</sup> Lord, I love You and I thank You for the Assumption of Mary.**

*– I pray to have a heart like Mary's so I may become a saint.*

**5<sup>th</sup> Lord, I love You and I thank You for the Coronation of Mary**

*– I pray through the intercession of Mary for the grace I need to attain my crown in Heaven and bring many, many souls with me.*

### CLOSING PRAYERS

**Hail, Holy Queen,** Mother of Mercy! Our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious Advocate, thine eyes of mercy toward us; and after this our exile show unto us the blessed fruit of thy womb, Jesus; O clement, O loving, O sweet Virgin Mary.

**Pray for us, O Holy Mother of God,**

That we may be worthy of the promises of Christ.

**O God,** whose only begotten Son, by his life, death, and resurrection, has purchased for us the rewards of eternal life. Grant, we beseech you, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

For the Intentions of the Holy Father: Our Father, Hail Mary, Glory Be

### HOLY FAMILY MEMORARE

*– Remember, O Most Sacred and Eucharistic Heart of Jesus, united with the Sorrowful and Immaculate Heart of Mary and the Pure Chaste Heart of Saint Joseph, that never was it known that anyone who fled to Thy protection, implored Thy help, or sought Thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Blessed Holy Family. To Thee I come, before Thee I stand, sinful and sorrowful. Despise not my petitions, but in Thy great mercy hear and answer me. Amen.*

## MORNING PRAYERS OF LOVE AND THANKSGIVING

**“This is the day the Lord has made;  
– let us rejoice and be glad in it.”**

Psalm 118:24

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be world without end.*



### THE DIVINE SHEPHERD

**“The Lord is my shepherd, I shall not want;  
he makes me lie down in green pastures.**

*– He leads me beside still waters; he restores my soul.”*

Psalm 23:1-3

### HEAVENLY COURTS MORNING OFFERING

**O Righteous Father, we offer You every thing, at every moment in time, and the glory that existed before time began, from Your most Precious Son our Lord, Savior, and King, in union with that glorious high point at Mass when the Heavenly Courts are opened so that through Him, and with Him, and in Him, in the unity of the Holy Spirit, we offer You love, praise, glory, and honor for sending the gift of Your Son for the forgiveness of our sins, so we could become sharers in Your Divine Light, Life, and Love.**

*– In this ceaseless heavenly offering, I consecrate myself to the Three Hearts of the Holy Family and the Divine Light, Life, and Love of the Holy Trinity and I make myself a total offering for the healing and renewal of all priests, the church, all families, our country, and the world; the awakening of the complacent; the Holy Souls in Purgatory; every one and every need at every moment in time; and all those You have laid on my heart. Pause*

### PRAYER OF LOVE AND THANKSGIVING

**O my Jesus, draw me to Yourself so I will have life through You**

*– and look with Your Divine Love upon every one. Pause*

**Lord, we love You and we thank You**

*– for the gift of every one!*

**Pour Your precious healing blood upon us.**

*– Wash us! Restore us! Fill us with Your Divine Light, Life, and Love!*

**Take a moment to allow the Lord to fill you...**

Pause

**Lord, I love You and I thank You**

*– for the gift of Your merciful healing love!*



## THY KINGDOM COME

**“The time is fulfilled, the kingdom of God is at hand:**

*– repent, and believe in the gospel.”*

Mark 1:15

**Draw your strength from the Lord and from his mighty power.**

*– Put on the whole armor of God  
to stand firm against the wiles of the devil.*

**Therefore, put on the:**

**Helmet of Salvation:** *Make Your thoughts my thoughts*

**Breastplate of Righteousness:** *Heal my heart and make it Yours*

**Belt of Truth:** *Bind and fuse me to Your way, Your truth, and Your life*

**Shield of Faith:** *Protect me from the lies and arrows of the evil one*

**Sword of the Spirit:** *Equip me with Your wisdom and Your word*

**Shoes of Peace:** *Walk in me so I may remain in Your Divine Will*

Based on Ephesians 6:10-11, 14-17

**Saint Michael the Archangel, – defend us in battle.**

*Be our protection against the wickedness and snares of the devil.  
May God rebuke him, we humbly pray, and do thou, O Prince of the  
heavenly hosts, by the power of God, cast into hell Satan, and all  
the evil spirits, who prowl about the world seeking the ruin of souls.*

**Angel of God – my guardian dear, to whom God's love commits me  
here, ever this day be at my side, to light and guard, rule and guide.**

## THE PURPOSE OF MY EXISTENCE

**God made me to know Him, love Him, and serve Him in this world,**

*– and to be happy with Him forever in the next.*

**He created me in His image with a soul that is an immortal spirit.**

*– I must take care of my soul. “For what will it profit a man,  
if he gains the whole world, and forfeits his soul?”* Matthew 16:26

**To save my soul, I must worship God by Faith, Hope, and Love  
and believe in Him, trust in Him, and love Him with my whole heart  
– so I may grow in the Fruit of the Holy Spirit: “love, joy, peace, patience,  
kindness, generosity, faithfulness, gentleness, and self-control.”** Galatians 5:22

**Lord, I love You and I thank You for the gift of Your love!**

*–I ask for the grace to accept it and lavishly share it with others.*

(based on Baltimore Catechism and Catechism of the Catholic Church)

**“I can do all things – in him who strengthens me**

Philippians 4:13

# NIGHT PRAYERS OF LOVE AND THANKSGIVING

Seeking the star, the Wise Men rejoiced exceedingly.  
Seeing the child Jesus, they fell down and worshiped him.

– “Then opening their treasures, they offered him gifts,  
gold and frankincense and myrrh.”

Matthew 2:11



## LET YOUR HEART KEEP SEEKING

### The Gifts of The Holy Spirit:

– *Wisdom, Understanding, Knowledge,  
Counsel, Fortitude, Piety, and Fear of the Lord*

### I pray for the virtue of:

- patience** – *to combat anger*
- humility** – *to combat pride*
- chastity** – *to combat lust*
- diligence** – *to combat sloth*
- temperance** – *to combat gluttony*
- kindness** – *to combat envy*
- generosity** – *to combat greed*

## HEAVENLY COURTS NIGHT PRAYER

O Righteous Father, we offer You every thing, at every moment in time, and the glory that existed before time began, from Your most Precious Son our Lord, Savior, and King, in union with that glorious high point at Mass when the Heavenly Courts are opened so that through Him, and with Him, and in Him, in the unity of the Holy Spirit, we offer You love, praise, glory, and honor for sending the gift of Your Son for the forgiveness of our sins, so we could become sharers in Your Divine Light, Life, and Love.

– *In this ceaseless heavenly offering, I lift up my prayers.*

O My Jesus, draw me to Yourself so I will have life through You

– *and look with Your Divine Love upon my day.* Pause

## EXAMEN PRAYER OF LOVE AND THANKSGIVING

Lord, reveal how I have been blessed

– *through the circumstances, people, and even the struggles*

*You sent to help me grow...* Pause

“Rejoice always... give thanks in all circumstances.” 1 Thess 5:17,18

– *Lord, I love You and I thank You for the gift of every one!*

**Lord, heal my inner wounds that caused me to sin**

*– and heal those who I may have wounded... Pause*

**“Have mercy on me, O God cleanse me from my sin!”** Psalm 51:1,2

*– Pour Your precious healing blood upon us.*

*Wash us! Restore us!*

**Lord, seal us** – *with the gift of Your merciful healing love!*

**“He has put his seal upon us and his Spirit in our hearts.”** 2 Cor 1:22

*– Fill us with Your Divine Life, Light, and Love!*

### **PRAYER OF PROTECTION AND HEALING**

**O my Jesus, anoint us with the Oil of Joy and hide us in the refuge of Your Most Sacred Heart which is totally united with the Immaculate Heart of Mary and the Pure Heart of Saint Joseph.**

*– Through the guidance of Your Holy Family, teach us how to grow in love and thanksgiving for the Glory of God so we may be fully healed and become the children we were destined to be!*



### **SECRET RESCUE MISSION**

**“In this the love of God was made manifest among us, that God sent his only-begotten Son into the world, so that we might live through him.**

*– In this is love, not that we loved God, but that he loved us and sent his Son to be the expiation for our sins.”*

1 John 4:10

### **ALL IS WELL**

**O Holy Trinity, make me Thy dwelling place**

*– and fill my heart with Thy love and grace.*

**Forgive my sins, receive the good I have done,**

*– and protect me from the snares of the evil one.*

**All is well, with Thy Angels around me,**

*– O Holy Trinity, I humbly adore Thee!*

**May Your Divine Light** – *illuminate me and shine through me.*

**May Your Divine Life** – *reign in me and work through me.*

**May Your Divine Love** – *consume me and flow through me.*

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

*– As it was in the beginning is now and ever shall be world without end.*

✠ Amen ✠



***“Rejoice always, pray constantly,  
give thanks in all circumstances;  
for this is the will of God in Christ Jesus.”***

1 Thessalonians 5:16-18

**Prayers of Love and Thanksgiving were written and compiled  
through the grace of God by Meg Koss and Brenda Kindelan**

**As the paintings were created, the artist Meg Koss  
who is legally blind, prayed for the Lord to impart a special blessing  
on each person as they look upon the artwork.**

**The book is dedicated in loving memory of**

Bishop David Foley, Monsignor Thomas Kirk, Father Richard Cortese,  
Sister Mildred Mary Neuzil, Jim and Terry Wright, Chris Wright, Flo Piano,  
Paul and Adrienne Breaux, Beverly Breaux, Wanda Sims, Greg Murphy,  
Carol Koss, Lyla York, Magdalen Jakubik, Bill Platten, Raul Noe Longoria Jr.,  
Bill Pease, Bobby Leatherman, Harrison Lenahan, and Drew Rainer.

***“No eye has seen, nor ear heard,  
nor the heart of man conceived,  
what God has prepared for those who love him.”***

1 Corinthians 2:9



***“Rejoice with me, for I have found my lost sheep.”***

Luke 15:6

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***“Well done, good and faithful servant;  
you have been faithful over a little,  
I will set you over much; enter into the joy of your master.”***

Matthew 25:23